

PRESS RELEASE

Stephen Braybrook, the "MovementMan" to be Featured on SIconnect LIVE WEBINAR

60 Minute Session to Highlight Braybrook's BRAIN-MOVE Webinar

Boulder, CO

For immediate release:

Join us for this SI-Webinar with Stephen Braybrook, creator of BRAIN-MOVE September 29th at 2:00 PM MDT.

Stephen Braybrook, Innovator and creator of BRAIN-MOVE, joins us from the United Kingdom for this special Webinar. BRAIN-MOVE is a game changer in the world of human movement especially for those living with pain, balance challenges, coordination, flexibility and much more.

New skills to use immediately.

Help your clients:

- **Increase flexibility, strength, range of motion, coordination, balance, cognitive function**
- **Reduce muscle and fascia tightness, pain and discomfort**

An opportunity to receive a free copy of: The Evolution of Biomechanics

BRAIN-MOVE

- A modality for changing habits
- Based on Applied Neurology
- Opens up neurological pathways
- Reintegrates the mind, body and brain
- Encouraging optimization of movement and function

"I have to be completely honest in that I found your work to be fascinating and effective on a level that I did not completely anticipate. Although I do seem to have some sort of structural issues still residing within my L ant hip/L post knee regions the day-to-day pain has gone from a daily irritation (pre-implementation) to barely noticeable (post-implementation). Very impressive!!!" GR

"Slowly working through it ... I remember 26 years ago reading a book on quantum reality and metaphysics. Which explained more about the shiatsu I learnt .. And what I used to experience in my early years of training in the 1970's ... No one could ever understand what I was describing as it didn't 'fit' with their reality .. I was on my own with it .. I've met some interesting educators of anatomy and motion .. Yet no one .. I mean no one was there with it .. My dad knew to a point .. Until I first met you .. The only other in the world I know if that is there with it .. It's like reading that book again xx" GC

Stephen Braybrook, Innovator and creator of BRAIN-MOVE, joins us from the United Kingdom for this special WEBINAR. BRAIN-MOVE is a game changer in the world of human movement especially for those living with pain, balance challenges, coordination, flexibility and much more. Sharing practical neuroscience, he will guide participants in decoding their movement preferences and help them as they begin to create their BRAIN-MOVE First Aid tool box.

Stephen Braybrook has his Master's Degree in Biomechanics and is internationally known for teaching and helping others free their pain patterns through movement. He brings a completely fresh perspective to share as he values intelligent movement and free breath as central themes of his work.

Stephen Braybrook on SIconnect September 29th, 2016 2:00 PM MDT [LEARN MORE HERE](#)

Dr. Ida Rolf founded the work we call Structural Integration. Over the years this body of work has continued to evolve. Words like fascia, integration, alignment, core and layers are known and used in bodywork, research, exercise, movement systems, dance, sports, psychology, etc. Her vision reaches far and has touched many.

To find out more about **SIconnect** or to view their upcoming schedule, visit the web site below.

SIconnect offers LIVE Discussion Groups, On-demand recordings and a Private Member's Group.
www.siconnect.us

About SIconnect Liz Stewart Being a part of the *SI* community since 1991, I've been fortunate to learn from some remarkable people in our profession. I was profoundly touched and moved by my 10 series and movement work and like many before me, I went on to study *SI* at The Guild For Structural Integration. After graduation, I worked at GSI which gave me a chance to watch as many demo's as possible. I helped in the office, cleaned the classroom, took photos for classroom models, started assisting in classes and over time joined the Faculty to teach Basic Trainings. Eventually, I left GSI faculty to be part of the larger *SI* community, offering CE courses on Series Review to graduates from IASI approved schools. Preserving the legacy of our profession, moving forward, and having a place for us to connect is my inspiration for creating *SIconnect*. Now you have access to teachers, products and people of interest who are helping to shape our field. Besides being a perpetual student, with a wonderful private practice in Boulder, Colorado. I study group dynamics and offer supervision for practitioners individually and in small groups.

Keywords: Structural Integration, Rolfing, Bodywork, Massage, Fascia, SIconnect

Contact **SIconnect**, Liz Stewart, at 720-406-3502 - siconnectus@gmail.com

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